# Health 5-12, K-8

Name:

Email:

## Health 5-12, K-8

Requirements for the endorsement #138 Health 5-12 include:

* Completion of 24 semester hours in health to include course work in public or community health; personal wellness; substance abuse; family life education; mental/emotional health; human nutrition.
* Certificate of CPR training that is current at the time of licensure is required in addition to the coursework requirements.
* #137 Health K-8 will be issued only in conjunction with 5-12 endorsement and with completion of a health K-8 methods course. Field experiences at the appropriate grade level for each endorsement will be arranged with the RAPIL program coordinator.

To view the subject/courses you can teach with this endorsement, visit the [Board of Educational Examiners website, BEDS information](https://boee.iowa.gov/beds-information).

Please indicate below the coursework you have completed for this endorsement. Coursework must appear on your transcript for each institution submitted.

### Public or community health

| Course Number | Course Title | Institution | Semester Hours | Semester/Year Completed |
| --- | --- | --- | --- | --- |
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### Consumer health or personal wellness

| Course Number | Course Title | Institution | Semester Hours | Semester/Year Completed |
| --- | --- | --- | --- | --- |
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### Substance abuse

| Course Number | Course Title | Institution | Semester Hours | Semester/Year Completed |
| --- | --- | --- | --- | --- |
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### Family life education

| Course Number | Course Title | Institution | Semester Hours | Semester/Year Completed |
| --- | --- | --- | --- | --- |
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### Mental/emotional health

| Course Number | Course Title | Institution | Semester Hours | Semester/Year Completed |
| --- | --- | --- | --- | --- |
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### Human nutrition

| Course Number | Course Title | Institution | Semester Hours | Semester/Year Completed |
| --- | --- | --- | --- | --- |
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